

Cashion Public Schools

SEPTEMBER 2019

Aug 29, 2019

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CASHION PUBLIC SCHOOLS MENUS ARE SUBJECT TO CHANGE

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 NO SCHOOL	Sep - 3 CHICKEN GRAVY/ CHICKEN NUGGE BROCCOLI > SALAD FRUIT JUICE FRUIT ASSORTED Whole Grain Dinner PUDDING CHOCO CHOCOLATE MILK MILK,1% Lowfat WHIPPED SPREA	Sep - 4 TATER TOT CASS Cheese Stuffed Bre GREEN BEANS SALAD FRUIT JUICE JELLO - W/F Whole Grain Dinner CHOCOLATE MILK MILK,1% Lowfat WHIPPED SPREA	Sep - 5 CHICKEN AFREDO CHICKEN STRIPS SALAD CARROTS > FRENCH BREAD FRUIT JUICE FRUIT ASSORTED CHOCOLATE MILK MILK,1% Lowfat	Sep - 6 HAMBURGERS HOT DOGS SANDWICH FIXIN FRENCH FRIES FRUIT JUICE FRUIT ASSORTED CHOCOLATE MILK MILK,1% Lowfat MUSTARD SALAD DRESSING KETCHUP, PACKE
Sep - 9 PIZZA, PEPPERON PIZZA, CHEESE SALAD CORN FRUIT ASSORTED FRUIT JUICE CHOCOLATE MILK MILK,1% Lowfat	Sep - 10 TURKEY.DELI SAN HAM SANDWICH POTATO CHIPS B SANDWICH FIXIN SALAD FRUIT JUICE FRUIT ASSORTED CHOCOLATE MILK MILK,1% Lowfat SALAD DRESSING MUSTARD	Sep - 11 HAM & POTATO S PIZZA, PEPPERON GREEN BEANS SALAD FRUIT ASSORTED FRUIT JUICE Whole Grain Dinner CHOCOLATE MILK MILK,1% Lowfat WHIPPED SPREA	Sep - 12 BEEF TACO > CORN > SALAD COWBOY COOKIE FRUIT ASSORTED FRUIT JUICE CHOCOLATE MILK MILK,1% Lowfat SALSA >	Sep - 13 CORN DOGS TURKEY.DELI SAN POTATO WEDGES SALAD FRUIT ASSORTED FRUIT JUICE CHOCOLATE MILK MILK,1% Lowfat KETCHUP, PACKE MUSTARD SALAD DRESSING
Sep - 16 SUB SANDWICH SANDWICH FIXIN POTATO CHIPS B BAKED BEANS FRUIT ASSORTED FRUIT JUICE CHOCOLATE MILK MILK,1% Lowfat SALAD DRESSING MUSTARD	Sep - 17 CHICKEN AND NO BROCCOLI > POTATOES MASH FRUIT JUICE FRUIT ASSORTED Whole Grain Dinner CHOCOLATE MILK MILK,1% Lowfat WHIPPED SPREA	Sep - 18 FRITO PIE SALAD CORN > FRUIT JUICE FRUIT ASSORTED CHOCOLATE MILK MILK,1% Lowfat KETCHUP, PACKE Ranch (Fat Free)	Sep - 19 CHICKEN FAJITA SPANISH RICE CHILI BEANS > FRUIT JUICE FRUIT ASSORTED CHOCOLATE MILK MILK,1% Lowfat SALSA >	Sep - 20 CHICKEN SANDWI HAMBURGERS POTATO CHIPS B CARROT STICKS FRUIT JUICE FRUIT ASSORTED CHOCOLATE MILK MILK,1% Lowfat SALAD DRESSING MUSTARD
Sep - 23 CHICKEN NUGGE HAM SLICED MACARONI AND C SALAD FRUIT ASSORTED FRUIT JUICE CHOCOLATE MILK MILK,1% Lowfat KETCHUP, PACKE BAR B Q SAUCE	Sep - 24 TURKEY.DELI SAN HAM SANDWICH POTATO CHIPS B SANDWICH FIXIN SALAD FRUIT JUICE FRUIT ASSORTED CHOCOLATE MILK MILK,1% Lowfat SALAD DRESSING MUSTARD	Sep - 25 HAM SLICED CHICKEN NUGGE SWEET POTATO BAKED BEANS SALAD FRUIT JUICE FRUIT ASSORTED Whole Grain Dinner CHOCOLATE MILK MILK,1% Lowfat WHIPPED SPREA	Sep - 26 MEATLOAF POTATOES MASH SALAD JELLO - W/F FRUIT JUICE ROLLS > MILK WHIPPED SPREA KETCHUP, PACKE	Sep - 27 HAMBURGERS HOT DOGS SANDWICH FIXIN FRENCH FRIES FRUIT JUICE FRUIT ASSORTED CHOCOLATE MILK MILK,1% Lowfat MUSTARD SALAD DRESSING KETCHUP, PACKE

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Sep - 30 CHICKEN FRIED S HAM SLICED POTATOES MASH PEPPER GRAVY M GREEN BEANS FRUIT JUICE FRUIT ASSORTED Whole Grain Dinner CHOCOLATE MILK MILK, 1% Lowfat WHIPPED SPREA KETCHUP				

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